



Agile Career Shift Bootcamp
Course Curriculum

Course Overview

Start your transformative Career journey with Simpliaxis' Agile Career Shift Bootcamp Program! Whether you're in a career transition or aspiring to dive into a rewarding IT role, then this is a career-blowing opportunity for you; our 12-week intensive program is your gateway to success.

This comprehensive course perfectly fits individuals between jobs and looking to enhance their skills. With its coverage of personal growth, effective job search strategies, and interview mastery, you will be equipped with everything you need to succeed. Gain confidence and expertise with in-depth insights into Agile principles, Scrum, Kanban, and Lean thinking, along with practical tools for Agile project management.

Our Agile Career Shift Bootcamp is more than just a course; it's a personalized experience. Engage in mastermind sessions for tailored Q&A, ensuring you have the knowledge and confidence to thrive in your Agile career. Don't just shift gears—shift into success with Simpliaxis! Your agile future begins here.

Module 1

- Create your Ideal Life Vision Statement and Set Clear, Inspirational Goals (Desired Job Position)
- Walt Disney Strategy – Vision Statement Visualization Practice
- SMART Framework for setting relevant and motivational goals
- Assignment: Create an ideal life vision statement, set goals
- Understand different roles in IT and what they are looking for. Your relevant experience and your resume
- Roles of project, program, and product managers in different companies
- What these people do
- Most important skills and competencies
- It is your experience, not your timeline
- Highlighting relevant experience in resume
- Focus on your strengths

Assignment:

1. Describe a perfect job, define a set of skills and experiences required for that job
2. Write your relevant experience in chronological order
3. Write 3 stories from your relevant experience
4. Analyzing participants' cases and answering questions.

Module 2

- Moving from Child (Weak Position) to Adult (Powerful Position)
- Transactional Analysis self-assessment (Which position do you often inhabit: Child, Parent, or Adult?)
- Take responsibility and stay rational in an adult position.
- Assignment: Observe your thoughts, feelings, and the positions they originate from.
- Writing an effective resume and cover letter: tips and tricks
- It is not just what you say, it is also how you say it
- Structure and focus.
- Tailor to a specific job

Assignment:

1. Find a job post you like, create resume and cover letter for that job post
2. Get feedback from 3 people
3. Analyzing participants' cases and answering questions.

Module 3

- Embody a Proactive Position and a Positive Thinking Mindset
- The Four Life Positions – Victim, Self-Blame, Reactive, and Proactive
- Practical exercise for transitioning between positions and fostering a proactive mood
- Assignment: Observe your thoughts when something goes wrong and adjust your mindset
- LinkedIn profile, applying for jobs
- Online profile matters
- Where/How to apply
- The number game

Assignment:

1. Find 3 people on LinkedIn that has job that you want, review their profile, ask to connect
2. Update your linkedIn profile, get feedback
3. Is your linkedIn profile written from a proactive position?
4. Analyzing participants' cases and answering questions.

Module 4

A. Prioritize Your Tasks and Wisely Plan Your Day

- Fundamental principles and tools of Time Management
- Eisenhower matrix for prioritizing tasks
- Assignment: Practice using the Prioritization Matrix

B. Interview: prep plan

- Plan: All you need to know, your stories
- Practice, practice, practice

Assignment:

1. Identify what you need to know and prepare
2. Create prioritized plan for your interview prep
3. Create daily plan
4. Analyzing participants' cases and answering questions

Module 5

A. Evaluate your Motivation Level

- Two Types of Motivation: Achiever and Avoider.
Meta-program self-assessment
- Bekhard's Formula for Readiness for Change - Self-Assessment
- Assignment: Work on the formula's components to boost motivation and reduce resistance

B. Interview: Common questions

- How to answer common questions such as 'tell me about yourself'
- Common mistakes



Module 6

A. Manage Stress – Accept Changes and Rejections to Move Forward.

- Acceptance and Resistance Stages Framework.
- Four-step algorithm for managing stress and embracing changes.
- Assignment: Monitor your emotions and practice the skill of acceptance.

B. Interview: Situational and hypothetical questions.

- How to prepare and answer situational questions.
- What are they really asking?

Assignment:

1. Use your stories to answer these questions:
2. What was your biggest success?
3. Tell us about a time when you overcame a difficult challenge
4. Tell us about a time when you had to take a risk in a project
5. Imagine that you have a disagreement between 2 key stakeholders on your project. What would you do?
6. Analyzing participants' cases and answering questions.

Module 7

A. Tackle Your Limiting Attitudes and Foster Supportive Beliefs.

- Identify your limiting beliefs.
- Two tools to counteract your limiting beliefs.
- Assignment: Reframe your limiting beliefs into positive affirmations.

B. Interview: Teamwork attributes.

- How to prepare and answer questions about teamwork attributes.

Assignment : Use your stories to answer these questions:

1. Give an example of when you failed
2. Tell me the time when you had difficulties communicating with co-worker
3. Tell me about a time when team member did not do what they promised
4. Tell us about a time when you had to persuade your manager to change their mind
5. Tell me about a time when you had a disagreement with a coworker
6. Analyzing participants' cases and answering questions.

Module 8

A. Nurture Yourself on Four Levels and Create a Supportive Environment.

- Four dimensions of well-being: physical, emotional, mental, spiritual.
- Self-assessments on four levels and development plan creation.
- Assignment: Choose your weakest level and work on it.

B. Interview: Estimation

- How many cows are in Canada?
- How to estimate anything
- How to answer technical estimation questions

Assignment:

1. Estimate how many cars are in the state of California
2. Estimate how much does it cost for Apple to store each user's photos
3. Analyzing participants' cases and answering questions.

Module 9

A. Master Your Effective Communication Skills.

- Transactional Analysis Positions and Types of Transactions, key principles and algorithms to foster flexibility in communication.
- Four Main Stages of Sales (Building Connection, Identifying Needs, Presenting Yourself, Analyzing Objections)
- Assignment: Identify your weakest sales stage and work on it, practice the two-step algorithm for Effective Communication.

B. Interview: Structure your answers

- Common mistakes
- Focus on outcomes
- STAR method
- Get feedback
- Stop talking at the right time

Assignment:

1. Rewrite your stories in STAR format
2. Answer these questions
3. What is your favorite website? Improve it
4. Design elevators for 12 stories building
5. Analyzing participants' cases and answering questions.

Module 10

A. Be Adaptive and Continue to Grow – The Eight Levels of Success.

- Eight Levels of Personal and Professional Growth –Spiral Dynamics.
- Self-Assessment on six basic levels and Personal Development Plan crafting.
- Assignment: Choose one main level and work on it.

B. Interview: System Design.

- How to answer system design questions, such as 'Design Facebook'
- Common mistakes

Assignment:

1. Imagine that you were hired by Google and asked to lead the development of a new messaging app for Android. Please describe what you will do
2. Design phone app for university students
3. Design Pizza shop website
4. Participants ask questions and create a development plan.
5. Participants share their results, insights, and main takeaways.
6. Continue working on personal challenges according to the development plan.
7. Continue working on interview prep plan
- 8 Practice answering interview questions with your stories



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